

# Foundry High Mission Trip

## Cookson Hills // Kansas, Oklahoma

### July 21-27, 2024



If you are currently in 8<sup>th</sup>-12<sup>th</sup> grade, this mission trip *could* be for you. We are joining up with the Lord's work at Cookson Hills in Kansas, OK this summer. We won't know *exactly* what service projects we will be doing until we get there, but our focus will be to accomplish tasks that will help Cookson Hills thrive and do effective ministry. Here's what they're all about...

*"Cookson Hills provides home, school, and therapy for kids who are at-risk. Since 1957, we've been partnering with families to give kids love, education, and healing in a beautiful setting. Each member of our team works to give children the best chance to live a mature life. It's not guaranteed, but we exhaust every option to give them the best opportunity possible. For many kids, Cookson Hills is their childhood home. For others it's a temporary home for about two years. All kids come here to live within a family. They enroll in school, they learn, they play sports, they make friends, they help set the table, they laugh, they talk, they ride horses, they heal, and (we hope) they leave better than they came".*

This trip is limited to 20 Foundry High students. Please read through this info packet and check out their website ([cooksonhills.org](http://cooksonhills.org)) to make sure this trip is something you are willing to put your heart into. If you have any questions about the trip, please speak with Ryan Smith. Due to limited space, students who regularly attend Foundry High will be given first priority. If there are any spots left once we reach the deadline, other high school students will be considered. Once the roster is filled, a final packet will be given out with more detailed information.

The cost of this trip...

- \$200 (See info below about when deposit and balance are due.)
- + 4-5 meals on road (Probably a good idea to think \$10-12/meal for this. May be more, some may be less.)
- + any money you may want to bring for snacks or souvenirs.

In order to go, please complete and turn in the following to Ryan Smith **by Sunday, May 5<sup>th</sup>**.

1. Sign up through Ryan. He is the only one who can secure your spot.
2. Read through this whole packet and understand it. Ask questions if you have them.
3. Fill out the Parent/Student Oath Form and the Medical Release Form.
4. Pay a \$100 non-refundable deposit to secure your spot. Remaining balance due by June 30<sup>th</sup>. Give \$ to Ryan. Make checks payable to Grace Church and put Cookson Hills in memo.

### Schedule

Sunday	Depart from Grace. Arrive at Cookson Hills (Approximately 8.5 hour trip)
Monday-Thursday	Working hard and having fun!
Friday	Leave Cookson. Do something fun in Kansas City. Stay night in KC.
Saturday	Head for home (4.5 hours from KC to MC)

Upon returning to the church, we will have a time where each student will all share a few things about the trip and parents can come and hear about our trip.

# Expectations



1. Display a Christ-like attitude at all times, especially while we work
2. Respect everyone at all times
3. Be where you're supposed to be when you're supposed to be there
4. Listen and do what the adult leaders say
5. No cell phones during the day. Photos are not allowed to be taken of Cookson residents
6. No tobacco, alcohol, or drugs of any kind
7. Wear appropriate clothing
  - I don't want to see cracks of any sorts- boys or girls.
  - Cookson Hills Dress code:
    - o Clothing shall reveal no belly, no back, no cleavage, no crack
    - o Undergarments are required, but they may not be seen
    - o Shorts should be at least fingertip length when standing
    - o Modest tank tops are just fine! No spaghetti straps, though, please
8. Boy/Girl guidelines...
  - NO TOUCHING
  - No sharing blankets
  - No going off in couples (whether dating or not)
9. Vehicle rules...
  - Girls sit with girls
  - Guys sit with guys
  - Keep it clean (in every sense you can think of)
10. Sleeping arrangements...
  - Be respectful by being clean and quiet
  - Get plenty of sleep so you're fun to be around
  - No guys in girls' rooms, no girls in guys' rooms
11. **HAVE FUN AND MAKE A DIFFERENCE IN SOMEONE'S LIFE**

This trip is going to be fun, hard, stretching, challenging, and fulfilling! We will have many opportunities to grow and make memories together as a student ministry. Please start praying now that God will prepare our hearts and attitudes as we prepare for this trip. ~ Ryan

# Parent/Student Oath

## A Good Rule of Thumb to Follow

Don't do anything stupid that you know, or even think, might get you into trouble. Think before you act, it always helps. Don't think about how far you can go and get away with it. Instead, think about how you can draw nearer to God through your actions. Be a Christ-like example in all you do.

Respect Yourself!  
Respect Others!  
Respect the Place!

I'm really excited about this trip because I know it's going to be a lot of fun and we'll have the chance to grow in Christ through service. However, I don't want anyone to ruin the trip for themselves or anyone else. So, that's what this sheet is for.

Students, by signing this sheet, you are saying that you agree to abide by all the rules and accept the consequence if you break the rules.

Parents, by signing this sheet, you are agreeing to pick your student up, from wherever we are, if he or she breaks the rules.

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### **\*\*\*Consequence\*\*\***

If you choose not to follow the rules, then arrangements will be made for a parent to come pick you up. Trust me, the trip back will be one of the worst trips of your entire life because nobody's parents want to pick them up in Oklahoma. Don't allow it to get to this point!

# Grace Church Medical Release Form

Effective dates: The year of 2023-2024

Student's Name: \_\_\_\_\_ Birthdate: \_\_\_/\_\_\_/\_\_\_ Sex: \_\_\_\_

Home Address: \_\_\_\_\_

Home Phone:(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_.

Student lives with (circle one): Father Mother Both Other \_\_\_\_\_

Father's Name: \_\_\_\_\_ Cell Phone:(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Carrier: \_\_\_\_\_

Employed by: \_\_\_\_\_ Work Phone:(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Cell Phone:(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Carrier: \_\_\_\_\_

Employed by: \_\_\_\_\_ Work Phone:(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Guardian's Name: \_\_\_\_\_ Cell Phone:(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Carrier: \_\_\_\_\_

Employed by: \_\_\_\_\_ Work Phone:(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

## Medical Information

Family Physician: \_\_\_\_\_ Work Phone:(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Name on insurance card: \_\_\_\_\_

Health History (Please attach a separate sheet)

1. Please list any illnesses or medical conditions.
2. Medications- taking and/or allergic to?
3. Any activity restrictions?

## Consent For Emergency Treatment

If your child should require medical attention while on an activity with the above listed church group for injuries received or illnesses contracted prior to coming, please send us information necessary to give him/her proper medical service during this time. In case of emergency, I hereby give permission to the physician selected by the church group sponsor representative to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for my child as named above. I also hereby give permission for my child to participate in all activities. I agree to hold harmless the above-named sponsor, the sponsoring church or group from any and all inabilities, claims, demands, and causes of action whatsoever which may arise due to the participation of myself or my child/ward. I realize, also, that in the event of illness or injury while participating in its activities, medical treatment may be required, I hereby give permission for any such treatment to be rendered, and I agree to bear the cost of such treatment.

\_\_\_\_\_  
Father's/Guardian's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Mother's/Guardian's Signature

\_\_\_\_\_  
Date